

Star and Plan

Service user

Online identifier

Service ID

Date joined project

Age

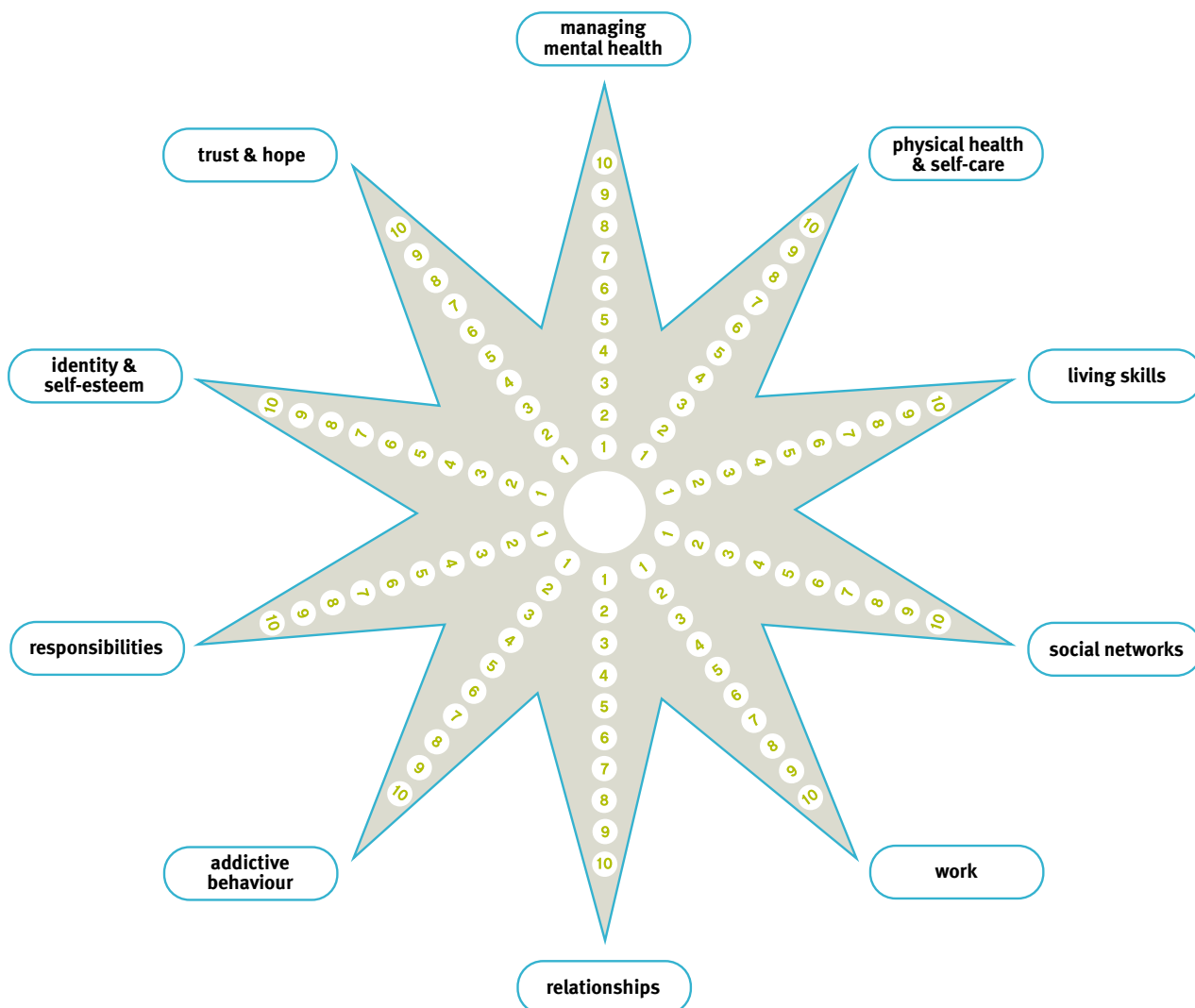
Ethnicity

Gender

Completed by

Reading	Worker name	Date of completion
Retrospective		
1st		
2nd		
3rd		
4th		

Worker and Service User	Worker alone	Service User
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Service User: I was involved in completing this Star Chart _____ (signature)

Star Notes

You may want to use this sheet to record the reasons for giving the score chosen or any points that have come up in the discussion that you want to record. It can be completed by you or your worker if you prefer.

If you and your worker have different views on the score for any area you can also use this space to note the reasons for the difference. If you are doing a follow-up Star you can use the notes page to record important progress that has been made even if the score has stayed the same or reduced.

1 Managing mental health

Reading number	Notes

2 Physical health and self-care

Reading number	Notes

3 Living skills

Reading number	Notes

4 Social networks

Reading number	Notes

5 Work

Reading number	Notes

6 Relationships

Reading number	Notes

7 Addictive behaviour

Reading number	Notes

8 Responsibilities

Reading number	Notes

9 Identity and self-esteem

Reading number	Notes

10 Trust and hope

Reading number	Notes

Action Plan



Priority outcome area from Star	Current score	Goals before next Star reading	Action needed	By who?	By when?

Signatures

Service user: _____ Date: _____ Staff: _____

Other agency/advocate: _____ Date: _____ Manager: _____



Triangle Consulting

