
Contact us


Our trained staff are available Monday – Friday, 9am – 5pm to take referrals or to give advice on drug and alcohol use.

Tel: 0300 222 5932

Email (confidential): rxx.iaccess@nhs.net

Post: Laurel House, Farnham Road Hospital,
Farnham Road, Guildford GU2 7LX

Web: www.surreydrugandalcohol.com

 [@iaccess_Surrey](https://twitter.com/iaccess_Surrey)

Useful contacts

Catalyst: 01483 590 150
www.catalystsupport.org.uk

SDAC - Surrey Drug and Alcohol Care:
0808 802 5000

Don't bottle it up: www.dontbottleitup.org.uk

Drink Line: 0300 123 1110

Talk to Frank (24/7): 0300 123 6600

Alcoholics Anonymous: 0845 769 7555

Narcotics Anonymous: 0300 999 1212

Cocaine Anonymous: 0800 612 0225

Find out more

If you would like this information in another format or another language:

Tel: 01372 216285

email: communications@sabp.nhs.uk

Surrey and Borders Partnership
NHS Foundation Trust
18 Mole Business Park, Leatherhead,
Surrey KT22 7AD

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Tel: 0300 55 55 222

Textphone: 020 8964 6326

www.sabp.nhs.uk


 [@sabpnhs](https://twitter.com/sabpnhs)  facebook.com/sabpnhs

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catalyst
HELPING PEOPLE CHANGE

i-access
Drug & Alcohol Services 



**Drug and
alcohol help
in Surrey**


Surrey and Borders
Partnership
NHS Foundation Trust

About us

We offer specialist assessment, support and treatment to people in Surrey who want help with their problematic drug use and those who are dependent on alcohol and want to stop or control their drinking.

We do this in partnership with Catalyst, a specialist non-profit organisation based in Surrey who work with people with issues arising from drugs, alcohol and mental health.

All staff are highly skilled and experienced at helping people affected by drug and alcohol misuse, their families and carers.

How to get help

You can contact us yourself either over the phone (details on back page) or in person to see if we can help you. We also accept referrals from GPs and other referral agencies.

Getting in touch with us directly helps us to get to know you and understand your needs better from the beginning. We will write to your GP and keep them informed about your recovery care plan and progress and we have an obligation to tell them about any medication we prescribe for you.

When we receive your information, we review all your details and consider the next steps and what will work best for you. If our service isn't right for you, we'll refer you on to a more suitable service that we think will be able to help you.

How we can help

If our service is right for you, we'll offer you an appointment for an assessment. This may be by telephone or in person at one of our clinics in Surrey. Once this has taken place we will develop a personalised recovery care plan with you.

The services we offer include:

- One-to-one sessions
- Peer mentoring
- Recovery support
- Counselling
- Pregnancy support
- Home/ambulatory detoxification
- Needle exchange
- Hepatitis A & B vaccination and Hepatitis C testing
- Support for dependent alcohol users who want to make some changes but do not wish to stop drinking.

“The staff are all very warm, kind and easy to talk to which makes discussing my problems easier - especially as it's a delicate subject.”

Group work including

- Relapse prevention
- Health and wellbeing
- Abstinence preparation
- Recovery Café
- Non-abstinence
- Women's group
- SMART.

You'll meet your key worker at one of our locations in Surrey. Where possible you can choose where you are seen and we offer daytime and evening appointments to fit around your schedule.

Concerned about someone?

If you're supporting or caring for someone who has drug or alcohol problems, our Carers' Liaison Officer can help you. Please call 0300 222 5932 for advice.

The following organisations can also help:

Families Anonymous: 0845 1200 660

Al-Anon & Alateen: 020 7403 0888

Adfam: www.adfam.org.uk