

## Who is this service for?

If you are concerned about someone who may be having problems with their drug or alcohol use, this could be a partners, parents, carers, friends, close family – anyone who cares about someone close to them.

We only ask that you are over 16 and live in or have a GP in Surrey.

## How does it work?

Meetings are small, friendly and offer a connection with others in a similar situation. Our facilitators are trained group workers who provide advice, support, coping strategies and most importantly, understanding.

With all of our meetings you are advised to turn up 5 minutes early as our meetings start promptly and to enable you to be welcomed by facilitators, be introduced to other group members and allow an opportunity to make yourselves comfortable.

Please telephone 01483 590150 to speak to our team if you would like further details.

For further information about Family and Friends and the most up to date list of our meetings, have a look on our website: <http://www.catalystsupport.org.uk/>

## Contact us

Catalyst  
14 Jenner Road,  
Guildford  
GU1 3PL

[info@catalystsupport.org.uk](mailto:info@catalystsupport.org.uk)

For immediate brief telephone advice, please call 01483 590150

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One to one counselling is available once a week, over a twelve week period if you prefer this service or would like it in addition to groups.

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## How much does it cost?

Family & Friends Support and 1-1 counselling are part of Catalyst Reach Out which is funded by the Community Fund.

We are a 'not for profit' organisation and so appreciate any donation you can make, but don't worry if you can't – just come along!

## Family and Friends Support & Education Meetings

Surrey Meetings – 2019



Do you care about someone with  
a drug or alcohol problem?  
We can help



## DORKING

**Day:** Wednesdays

**How often:** Weekly

**Where:**

The Christian Centre, St  
Martin's Church, Dorking  
RH4 1DW

**Time:** 6.30 to 8.00pm

*"Incredible support, I have  
become stronger within myself  
and able to cope better"*

**For more information, please visit:**

[www.catalystsupport.org.uk](http://www.catalystsupport.org.uk)



@CATALYSTethos

## WOKING

**Day:** Wednesdays

**How often:** Fortnightly

**Where:**

The Xchange, 20 High  
Street, Woking,  
GU21 6BW

**Dates:**

January – 9<sup>th</sup> and 23<sup>rd</sup>

February – 6<sup>th</sup> and 20<sup>th</sup>

March – 6<sup>th</sup> and 20<sup>th</sup>

April – 3<sup>rd</sup> and 17<sup>th</sup>

May – 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup>

June – 12<sup>th</sup> and 26<sup>th</sup>

July – 10<sup>th</sup> and 24<sup>th</sup>

August – 7<sup>th</sup> and 21<sup>st</sup>

September – 4<sup>th</sup> and 18<sup>th</sup>

October – 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup>

November – 13<sup>th</sup> and 27<sup>th</sup>

December – 11<sup>th</sup>

**Time:** 6.30 – 8.00pm

## CAMBERLEY

**Day:** Wednesdays

**How often:** Fortnightly

**Where:**

Catalyst, 183a, London  
Road, Camberley,  
GU15 3JS

**Dates:**

January – 9<sup>th</sup> and 23<sup>rd</sup>

February – 6<sup>th</sup> and 20<sup>th</sup>

March – 6<sup>th</sup> and 20<sup>th</sup>

April – 3<sup>rd</sup> and 17<sup>th</sup>

May – 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup>

June – 12<sup>th</sup> and 26<sup>th</sup>

July – 10<sup>th</sup> and 24<sup>th</sup>

August – 7<sup>th</sup> and 21<sup>st</sup>

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November – 13<sup>th</sup> and 27<sup>th</sup>

December – 11<sup>th</sup>

**Time:** 6.00 – 7.30pm