

## Centre for Psychology

Helping you overcome daily challenges



## Friends & Family Well-being Group:

For those affected by their loved one's drug and alcohol use

A course for those affected by their loved one's drug and alcohol use, to connect with others who have similar experience and hear about a range of subjects to support you.



## **Next group:**

Start: Wednesday

10th July

Time: **6-8pm** 

Duration: 6 weeks

Location: Woking

## Contact us for more information or to book a place

Email: guildford@centreforpsychology.co.uk Call: 01483 901429



