

Who is this service for?

If you are concerned about someone who may be having problems with their drug or alcohol use, this could be a partners, parents, carers, friends, close family – anyone who cares about someone close to them.

We only ask that you are over 16 and live in or have a GP in Surrey.

How does it work?

Meetings are small, friendly and offer a connection with others in a similar situation. Our facilitators are trained group workers who provide advice, support, coping strategies and most importantly, understanding.

With all of our meetings you are advised to turn up 5 minutes early as our meetings start promptly and to enable you to be welcomed by facilitators, be introduced to other group members and allow an opportunity to make yourselves comfortable.

Please telephone 01483 590150 to speak to our team if you would like further details.

For further information about Family and Friends and the most up to date list of our meetings, have a look on our website: <http://www.catalystsupport.org.uk/>

Contact us

Catalyst
14 Jenner Road,
Guildford
GU1 3PL

info@catalystsupport.org.uk

For immediate brief telephone advice, please call 01483 590150

One to one counselling is available once a week, over a twelve week period if you prefer this service or would like it in addition to groups.

How much does it cost?

Family & Friends Support and 1-1 counselling are part of Catalyst Reach Out which is funded by the Community Fund.

We are a 'not for profit' organisation and so appreciate any donation you can make, but don't worry if you can't – just come along!

Family and Friends Support & Education Meetings

Surrey Meetings – 2020



Do you care about someone with
a drug or alcohol problem?
We can help



V5 - 1219

DORKING

Day: Wednesdays

How often: Weekly

Where:

The Christian Centre, St
Martin's Church, Dorking
RH4 1DW

Time: 6.30 to 8.00pm

*"Incredible support, I have
become stronger within myself
and able to cope better"*

For more information, please visit:

www.catalystsupport.org.uk



@CATALYSTethos

CAMBERLEY

Day: Wednesdays

How often: Fortnightly

Where:

Catalyst, 183a, London
Road, Camberley,
GU15 3JS

Dates:

January – 8th and 22nd
February – 5th and 19th
March – 4th and 18th
April – 1st, 15th and 29th
May – 13th and 27th
June – 10th and 24th
July – 8th and 22nd
August – 5th and 19th
September – 2nd, 16th and 30th
October – 14th and 28th
November – 11th and 25th
December – 9th

Time: 6.00 – 7.30pm

Support Us

All of our sessions are free of charge, but we would always welcome donations or support so we can develop and grow the service. Ways you can help:

- **Donate money online** by visiting: www.catalystsupport.org.uk/donate
- Use our **Catalyst envelopes**
- **Volunteer** your time as a group facilitator
- **Fundraise for us** by organising or taking part in an event
- **Think of us when shopping** online – we are registered with EasyFundraising and AmazonSmile
- **Promote our service** – tell people about the work that we do, share our posts on socials, follow us @CATALYSTethos
- **Leave us a gift** in your Will

For more information on how you can help, please contact:

E: Ennio.randisi@catalystsupport.org.uk

T: 01483 590150