

## **New SUN peer support service for adults with complex emotional needs**

**Join our virtual meetings to find out more!**

We are running a series of virtual meetings to present SUN (Service User Network), our new community-based peer support service for adults with complex emotional needs often associated with personality disorder. These events are an opportunity to hear a brief presentation about SUN and to ask any questions. They are open to people who may join SUN and professionals.

### **About SUN**

SUN is a self-referral service available to anyone aged 18 and over who is registered with a GP in Surrey or NE Hampshire. A person does not need a diagnosis of personality disorder to attend.

SUN offers regular peer support groups to people who register as members. The groups are an opportunity for members to share experiences and provide one another with advice and support. Each group is facilitated by a clinician, and a peer support worker with lived experience. The groups are provided by Surrey and Borders Partnership NHS Foundation Trust in partnership with Community Connections Surrey.

There are currently three SUN groups a week for members to attend. Due to coronavirus restrictions, these are all being delivered online via Microsoft Teams. By the 23<sup>rd</sup> of March there will be five SUN groups a week with more added in the coming months. You can find out when the groups are held and more about SUN at: [www.sabp.nhs.uk/sun](http://www.sabp.nhs.uk/sun)

### **SUN presentations**

To attend a presentation where you can ask questions about SUN, please let us know which of the meetings below you would like to come to by emailing us at: [sun.admin@sabp.nhs.uk](mailto:sun.admin@sabp.nhs.uk)

- Thursday 11th March, 11.30-12.30pm
- Thursday 18th March, 11:30-12:30pm
- Thursday 25th March, 11:30-12:30pm
- Thursday 1st April, 11:30-12:30pm
- Thursday 8th April, 11:30-12:30pm
- Thursday 15th April, 11:30-12:30pm
- Thursday 22nd April, 11:30-12:30pm
- Thursday 29th April, 11:30-12:30pm