



# PEER MENTOR TRAINING

level 2 certificate | work as a volunteer | enhance your education



**Are you ready to share your personal experience and knowledge to help and inspire others starting out on their treatment journey?**

**Train as a Peer Mentor for FREE - our next programme starts on 7th June 2021** (applications to be received by 14th May 2021 and interviews on 21st May 2021)

**Want to find out more? Come join us at our information session on: Thursday 13 May at 11am on MS Teams**

## THE DURATION OF THIS COURSE IS ONE YEAR



in partnership with



i-access and Catalyst work in partnership to provide a Peer Mentor programme.  
Accredited by Laser Learning Awards

## What are peer mentors?

Peer mentors are individuals at an advanced stage of their recovery who use their personal experience and knowledge to inspire others starting out on their treatment journey.

## What do peer mentors do?

Peer mentors are trained to guide and support new service users through the experience of trying to overcome their substance misuse and make changes in their lives. Most people who train as a peer mentor will have a long history of using treatment services.

## Qualities needed

Peer mentors need to be non-judgemental and able to listen to and treat service users from all backgrounds with dignity and respect. Peer mentors must also be proactive in ensuring that service users' needs are addressed whilst maintaining safe boundaries for themselves.

## Training offered

You will receive training of an NVQ level 2 in peer mentoring which will include mentoring, communication and negotiating skills. One to one supervision will be provided throughout your training and you will have a personal action plan.

## Placements

Once you have completed your training you will be offered a placement in a suitable project with Catalyst or an external organisation where you can put your skills to practice.

## What is expected of me?

You must have the following to use for the course:

- Laptop or similar (if there is an issue here, please talk to us)
- Phone - landline or mobile
- Email account (if you do not have one, we can help obtain one)
- Microsoft Teams (you can download the app)

## How do I sign up for the course?

**Phone:** 07789 721276 **Email:** [keely.glithero@catalystsupport.org.uk](mailto:keely.glithero@catalystsupport.org.uk)

**Web:** [www.catalystsupport.org.uk](http://www.catalystsupport.org.uk)