

# CHI - Catalyst High Impact

*Supporting high risk drinkers in Surrey*

“

*You do an  
amazing job  
and I wouldn't  
be here  
without you*



**REDUCING THE IMPACT  
IN OUR COMMUNITY**

**We support access  
to treatment**

**We work with  
emergency  
departments**

**We help reduce  
harm and risk**

Delivered by:



Registered charity No: 1075892

Commissioned by:



Office of the Police and Crime  
Commissioner for Surrey

## What is CHI - Catalyst High Impact

We are experts at working with high risk, treatment resistant drinkers across Surrey. We help support individuals to connect with other services, help reduce harm and manage the risk individuals pose to themselves and others.

Our service reduces the impact on emergency services and works to breakdown barriers to engagement, reduce safeguarding risks and improve quality of life for individuals. A survey from ACTAD\* reported for every £1 spent, our service saves £3.42.

The CHI service uses the same principles as the Alcohol Change UK Blue Light project. We support, build trust and provide information to each individual before helping to facilitate engagement into services. We will only refer into treatment when a person feels they are ready and receptive, as too early can be detrimental and will result in disengagement.

\* Assertive Community Treatment for Alcohol Dependence, a report published in 2012 by H Gilbert.

## Who can benefit from CHI?

Anyone aged 18 and older can be supported by the CHI service.

### Referral criteria:

- alcohol dependent
- not engaged with other services
- frequent users of Surrey's emergency services (A+E attendances, police / ambulance call outs)
- frequent callers to NHS 101, 111 and 999
- identified as demonstrating alcohol related anti-social behaviour



## We can help:

- Reduce alcohol consumption
- Reduce alcohol related offending and anti-social behaviour in the community
- Improve mental and physical health and wellbeing, including social functioning and personal relationships
- Aim to improve positive relationships to build social networks (i.e. improved positive relationships with family members, partners and friends)
- Reduce homelessness and sustain tenancies which are at risk due to alcohol related anti-social behaviour
- Reduce impact on emergency services

## What support do we provide?

- Work with the individual to develop a support plan
- Outreach to people in their home or in the community; this can include people who are homeless
- Facilitate attending and booking appointments with other services
- Provide advice and support in identifying and accessing treatment services, such as i-access, CMHRS
- Help and support with housing and accommodation needs, this can include providing essential items
- Use a trauma informed and motivational interviewing approach
- Encourage and facilitate a multi-agency approach to support each individual

**“ Thank you for help and support. I can't believe I'm six weeks sober, especially after being so ill and going to hospital all the time ”**

# How to refer

## We accept referrals from:

- Alcohol Liaison Nurses (in partnership with SECamb Ambulance Service and NHS 111)
- Community Harm and Risk Management meetings (CHARMMs)  
SECamb Frequent Flyers
- NHS 111, 101 and 999 frequent and persistent callers
- Surrey's Multi-Agency Safeguarding Hub
- Surrey Adults Matter
- Self-referral

**For more information or to make a referral, please get in touch:**

**Tel:** 01483 590 150

**Text:** 07909 631 623

**Email:** [info@catalystsupport.org.uk](mailto:info@catalystsupport.org.uk)

[www.catalystsupport.org.uk](http://www.catalystsupport.org.uk)

## Help support CHI

We welcome donations for this service. Monies raised can go towards buying essential items for clients and delivering the service.

[www.catalystsupport.org.uk/donate](http://www.catalystsupport.org.uk/donate)

## Follow us on socials



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Catalyst Support